

McDonald 5th graders, raise the bar for McDonald Movement!

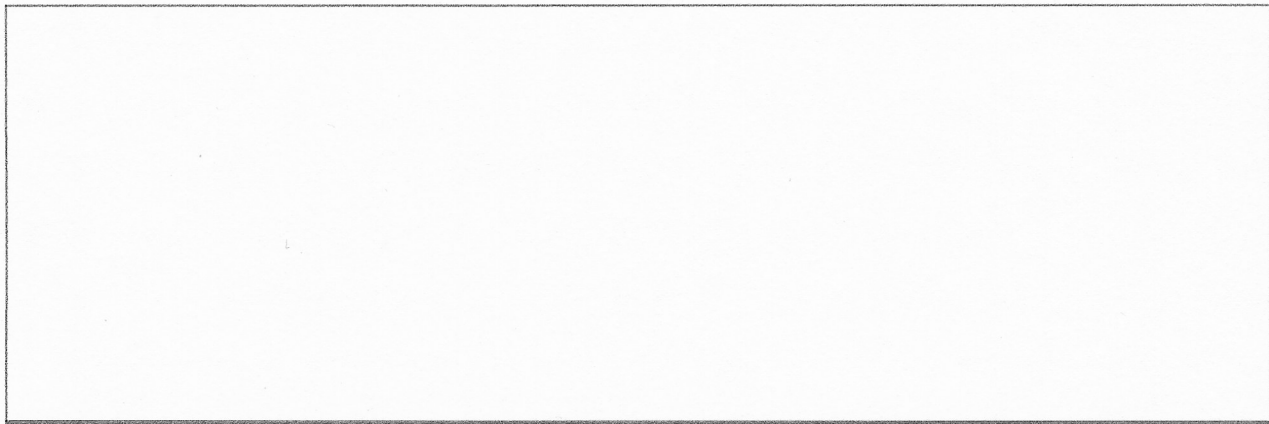
1. Join Movement 5th Grade Google Classroom: **cobddzi**
2. Plan, practice, and perform a short dance to express one idea that we will all decide upon. Record your dance, upload it to Google classroom, and I will link all the dances as part of a larger 5th grade dance video.
3. Watch the video posted on the Movement website with your family.

Week 1:

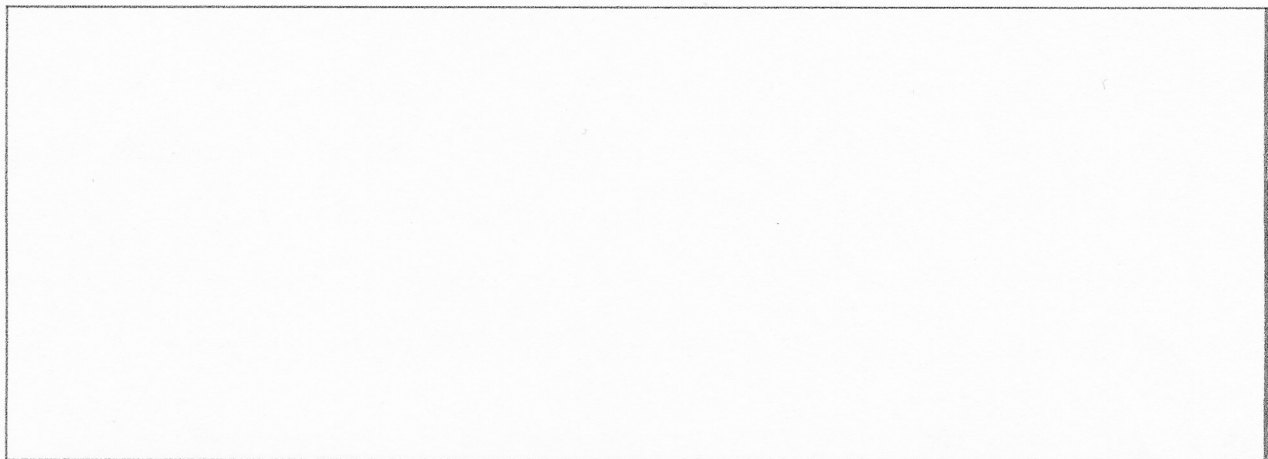
- **What** would help our community/school? **Why?**
- **Who** and **where** is our audience? (Kids, parents, teachers, City of Moscow, etc.) **When** will this be important?
- **How:** name 4 strengths about our idea:

- **Identify** which movements you will use to express these strengths. Create movements that motivate people to join you in making our community better.
- **Use** your whole body, change levels, size, directions, weight, force, speed, and shape. Examples: <https://www.youtube.com/watch?v=CyDxO7Oo93A>
- **Which music** would go well with our movements and match the message?
- **Sketch** your beginning and ending formations using stick figures

- **Beginning Shape:**



- **Ending Shape:**



Week 2:

- **Practice** counting beats out loud with the music as you do your movements.
- **Costumes:** matching outfits, matching colors, or matching shirts, etc. to wear when you record.
- **Record** your dance while listening to the music: 8 or 16 beats. Leave about 10 seconds before you begin your part and 10 seconds after you finish your part.
- **Check** that the audience sees what you are doing at all times. Practice, practice, practice!
- **Upload** the video to 5th Grade Google Classroom, labeled with your name and class, for example, "Hermione Granger, Brandner."

Things to consider:

1. (Interpretation) Did my movements show what we intended to express?
2. (Performance) Did I perform with confidence?
3. (Performance) Did my performance show originality, meaning I used ideas in ways no one else did?
4. (Learning) Did I give my best effort in all steps of the process?
5. (Reflection) The impact I hope this project will make...